



LOCATION:

- 1) GI NORTH ENDOSCOPY 4150 Deputy Bill Cantrell Mem Rd Ste 200 Cumming, Ga. 30040 (Park at lower level)
- 2) Northside Hospital-Forsyth, 1200 Northside Forsyth Drive Cumming, Ga. 30041 (pt. services)

CLENPIQ BOWEL PREP FOR COLONOSCOPY (SPLIT DOSE)

****FOLLOW THESE INSTRUCTIONS AND NOT THE ONES ON THE BOX****

REFER TO INSTRUCTIONS IN PACKET YOU WERE SENT FOR TIMES AND DATES

- Please inform your doctor if ANYTHING HAS CHANGED WITH YOUR HEALTH OR MEDICATIONS SINCE YOUR LAST VISIT.
- Please leave ALL jewelry and electronic devices at home (cell phones, smart watches, Fitbits)
- Drivers MUST be 18 years or older and MUST check-in at front desk before the pt. will be taken back (they may return to their car but CANNOT leave the property). **PLEASE ARRIVE ON TIME.**

3 DAYS BEFORE EXAM

- **Do not eat** corn, beans, nuts, popcorn, quinoa, seeds and any food or fruits with seeds.

1 DAY BEFORE EXAM

No solid food all day – only **clear liquid diet (NO RED OR PURPLE color)**, including:

- Water, clear broth, coffee or tea (without milk or creamer)
- Sport Drinks such as Gatorade, Powerade, Propel or Vitamin Water (NO RED OR PURPLE)
- Fruit flavored drinks such as Crystal Light, Kool-Aid, Capri Sun (NO RED OR PURPLE)
- Apple juice, white cranberry juice, carbonated beverages or soda (NO RED OR PURPLE)
- JELL-O, Italian ices, ice popsicles, sorbet, hard candy (NO RED OR PURPLE),
- **NO juice with PULP or MILK of any kind (Soy, Silk, Almond, Oat, Coconut... to name a few).**
- **BOWEL PREP INSTRUCTIONS:**
 - At **6pm**, drink ONE bottle of the Clenpiq liquid prep. Drink the entire contents of the bottle. Then, at your own pace over the next 5 hours, drink at least **40 ounces** of clear liquids.
 - Continue clear liquid diet until midnight. **DO NOT EAT ANY SOLID FOOD.**
 - **NO ALCOHOLIC BEVERAGES. DO NOT USE CHEWING TOBACCO AFTER MIDNIGHT.**

DAY OF THE EXAM

- **FIVE HOURS** prior to your scheduled procedure time, drink the second bottle of Clenpiq liquid prep. Then over the next 1.5 hours drink at least **40 ounces** of clear beverages.
- **DO NOT DRINK ANYTHING OR EAT ANYTHING AFTER THE TIME LISTED ON YOUR PREP PROCEDURE FORMS.**
 - **EXTENDED PREP:** Your provider has ordered an EXTENDED PREP for you due to either constipation, gastric delay, or a previous inadequate prep. You will start clear liquids **TWO DAYS** before your procedure. In addition, you will take one tablespoon of Miralax daily, as directed 1-4 times per day for 7 days prior to your procedure day. Taper as needed, ideally you will have a good bowel movement at least once or twice a day before the colonoscopy.
 - **CONSTIPATED PREP:** Your provider has ordered a CONSTIPATED PREP for you due to either constipation, gastric delay, or a previous inadequate prep. You will take one tablespoon of Miralax daily, as directed 1-4 times per day for 7 days prior to your procedure day. Taper as needed, ideally you will have a good bowel movement at least once or twice a day before the colonoscopy.



DIABETIC PATIENTS:

- If you take **ORAL** diabetic medication HOLD according to directions given during pre-procedure phone call
- If you take **INSULIN**, take ½ the regular evening dose (on the night of prep) and nothing in the morning of the procedure. Monitor blood sugar carefully
- If you have an **INSULIN PUMP**, turn it off the morning of the procedure and monitor blood sugar carefully

OTHER MEDICATIONS:

- Take all heart and blood pressure medications with a tiny sip of water as usual the morning of your procedure
- If you take weight loss medications, hold as directed at your office visit
- IF YOU TAKE A BLOOD THINNER, BE SURE YOU HOLD IT AS DIRECTED BY YOUR CARDIOLOGIST BEFORE THE PROCEDURE
- If you have a medication hold question, call the pre-procedure line at (404)446-0600 ext. 235 or 250