**YOUR PROCEDURE IS SCHEDULED FOR , \_\_\_\_\_\_ /\_\_\_\_\_\_ /\_\_\_\_\_\_. PLEASE ARRIVE AT \_\_\_\_\_: \_\_\_\_\_ am / pm**

**LOCATION:**

 1) GI NORTH ENDOSCOPY 4150 Deputy Bill Cantrell Mem Rd Ste 200 Cumming, Ga. 30040 (Park at lower level)

2)Northside Hospital-Forsyth, 1200 Northside Forsyth Drive Cumming, Ga. 30041 (pt. services)

**CLENPIQ BOWEL PREP FOR COLONOSCOPY (SPLIT DOSE)**

**\*\*FOLLOW THESE INSTRUCTIONS AND NOT THE ONES ON THE BOX\*\***

* Please inform your doctor if ANYTHING HAS CHANGED WITH YOUR HEALTH OR MEDICATIONS SINCE YOUR LAST VISIT.
* Please leave **ALL** jewelry and electronic devices at home **(cell phones, smart watches, Fitbits)**
* **Drivers MUST be 18 years or older and MUST** check-in at front desk before the pt. will be taken back **(they may return to their car but CANNOT leave the property). PLEASE ARRIVE ON TIME.**

**3 DAYS BEFORE EXAM**

* **Do not eat**-**corn, beans, nuts, popcorn, quinoa, seeds and any food or fruits with seeds.**

**1 DAY BEFORE EXAM (Date)**

* **No solid food all day** – only **clear liquid diet (NO RED OR PURPLE color)**, including:
* Water, clear broth, coffee or tea (without milk or creamer)
* Sport Drinks such as Gatorade, Powerade, Propel or Vitamin Water (NO RED OR PURPLE)
* Fruit flavored drinks such as Crystal Light, Kool-Aid, Capri Sun (NO RED OR PURPLE)
* Apple juice, white cranberry juice, carbonated beverages or soda (NO RED OR PURPLE)
* JELL-O, Italian ices, ice popsicles, sorbet, hard candy(NO RED OR PURPLE),
* **NO juice with PULP or MILK of any kind (Soy, Silk, Almond, Oat, Coconut… to name a few).**
* **BOWEL PREP INSTRUCTIONS:**
* At **6pm**, drink ONE bottle of the Clenpiq liquid prep. Drink the entire contents of the bottle. Then, at your own pace over the next 5 hours, drink at least **40 ounces** of clear liquids.
* Continue clear liquid diet until midnight. **DO NOT EAT ANY SOLID FOOD.**
* **NO ALCOHOLIC BEVERAGES. DO NOT USE CHEWING TOBACCO AFTER MIDNIGHT.**

**DAY OF THE EXAM (Date)**

* **FIVE HOURS (at \_\_\_\_\_\_\_\_\_\_am)** prior to your scheduled procedure time, drink the second bottle of Clenpiq liquid prep. Then over the next 1.5 hours drink at least **40 ounces** of clear beverages.
* **DO NOT DRINK ANYTHING OR EAT ANYTHING AFTER \_\_\_\_\_\_\_\_\_\_\_am**
* **EXTENDED PREP: Your provider has ordered an EXTENDED PREP for you due to either constipation, gastric delay, or a previous inadequate prep. You will start clear liquids TWO DAYS before your procedure. In addition, you will take one tablespoon of Miralax daily, as directed 1-4 times per day for 7 days prior to your procedure day. Taper as needed, ideally you will have a good bowel movement at least once or twice a day before the colonoscopy.**
* **CONSTIPATED PREP: Your provider has ordered a CONSTIPATED PREP for you due to either constipation, gastric delay, or a previous inadequate prep. You will take one tablespoon of Miralax daily, as directed 1-4 times per day for 7 days prior to your procedure day. Taper as needed, ideally you will have a good bowel movement at least once or twice a day before the colonoscopy.**

**DIABETIC PATIENTS:**

* If you take **ORAL** diabetic medication HOLD according to directions given during pre-procedure phone call
* If you take **INSULIN**, take ½ the regular evening dose (on the night of prep) and nothing in the morning of the procedure. Monitor blood sugar carefully
* If you have an **INSULIN PUMP**, turn it off the morning of the procedure and monitor blood sugar carefully

**OTHER MEDICATIONS:**

* Take all heart and blood pressure medications with a tiny sip of water as usual the morning of your procedure
* If you take weight loss medications, hold as directed at your office visit
* IF YOU TAKE A BLOOD THINNER, BE SURE YOU HOLD IT AS DIRECTED BY YOUR CARDIOLOGIST BEFORE THE PROCEDURE
* If you have a medication hold question, call the pre-procedure line at (404)446-0600 ext. 235 or 250