



Video Capsule Endoscopy (PillCam)

Your exam is scheduled on ___/___/___ @ 8:00am. Please arrive at 7:45am.

Location:

[] GI North: 4150 Deputy Bill Cantrell Memorial Rd Suite 290 Cumming, GA 30040

****To ensure the best results for your PillCam (video capsule endoscopy) of the small bowel, follow your doctor's instructions carefully and completely.**

7 days prior to your scheduled exam

- **DO NOT** take iron supplements **7 days prior** to your exam.

Day prior to your scheduled exam

- **HOLD** all antacids, Carafate, and SMOKING for 24 hours prior.
- **BEGIN** a clear liquid diet the ENTIRE day before your scheduled exam

No solid food– only **clear liquid diet (NO RED OR PURPLE color)**, including:

- Water, clear broth, coffee, or tea (without milk or creamer)
 - Sport Drinks such as Gatorade, Powerade, Propel, or Vitamin Water (NO RED OR PURPLE)
 - Fruit flavored drinks such as Crystal Light, Kool-Aid, Capri Sun (NO RED OR PURPLE)
 - Apple juice, white cranberry juice, carbonated beverages, or soda (NO RED OR PURPLE)
 - JELL-O, Italian ices, ice popsicles, sorbet, hard candy (NO RED OR PURPLE)
 - NO juice with PULP or MILK
- Nothing to eat or drink after midnight!

Day of video capsule endoscopy

- Please arrive ON TIME
- Take all of your medications to the testing location
- Wear comfortable, loose, two-piece clothing to testing site (You will be wearing a belt around your waist during the duration of test- 8 hours)

If you have any questions or need to change your appointment, please call us at 404-446-0600.