



## H Pylori Breath Test preparation

### For Best Test Results:

1. Do **NOT** eat or drink for 1 hour prior to test.
2. Do **NOT** take any of the following medications for **2 WEEKS** prior to the test:
  - a. ALL antibiotics
  - b. Proton Pump Inhibitors: Prilosec (omeprazole), Protonix (pantoprazole), Nexium (esomeprazole), Prevacid (lansoprazole), Dexilant.
  - c. Bismuth (Pepto-Bismol)
  - d. You **CAN** take: Tums, Zantac (ranitidine), Tagamet (Cimetidine), Pepcid (famotidine) IF NEEDED.

Please comply with these instructions to ensure adequate test results and to reduce the risk of having to repeat the test.